

Crisis Travel Packing List

Documents & Essentials

- 1 Passport and copies
- 2 Travel insurance details
- 3 Emergency contacts list

Tech & Communication

- 1 Smartphone + backup phone
- 2 Portable charger
- 3 Local SIM card
- 4 Offline maps

Health & Safety

- 1 First aid kit
- 2 Prescription medications
- 3 Face masks & sanitizer
- 4 Emergency blanket

Clothing & Gear

- 1 Neutral clothing
- 2 Comfortable walking shoes
- 3 Weather-appropriate layers
- 4 Small backpack

Money & Security

- 1 Cash in small denominations
- 2 Hidden money pouch
- 3 Backup credit/debit card

