

# Emergency Travel Checklist (Conflict Situations)

## Before You Travel

- 1 Register with your embassy (STEP or equivalent)
- 2 Share itinerary with family or friends
- 3 Check travel advisories daily
- 4 Scan and store copies of documents

## Emergency Kit

- 1 Passport and copies
- 2 Cash (USD/EUR)
- 3 Power bank and charging cables
- 4 First aid kit and medications
- 5 Water and energy snacks

## During Crisis

- 1 Stay indoors and away from windows
- 2 Monitor official alerts
- 3 Keep phone charged
- 4 Follow embassy instructions

## Evacuation Plan

- 1 Identify multiple exit routes
- 2 Know nearest embassy locations
- 3 Prepare grab-and-go bag
- 4 Avoid risky border crossings without guidance